

PERSONAL INFORMATION

Ferdinando Tosto



 10137 Turin (To) Italy (IT)

Sex Male | Date of birth 14/03/1989 | Nationality Italian

JOB APPLIED FOR  
POSITION  
PREFERRED JOB  
STUDIES APPLIED FOR  
PERSONAL STATEMENT

Clinical and research fellowship

WORK EXPERIENCE

December 2016 - Present

**Orthopaedics and Trauma Residency**

CTO (Orthopaedics and Trauma center) teaching hospital of Turin

Orthopaedics and Traumatology department – Director: Prof. Alessandro Massè

University of Turin – School of Medicine

Via Zuretti 19, Turin (Italy)

Daily activities in high-intensity emergency department and operating theatre for management and treatment of polytraumas and high complexity fractures of upper and lower limb, following AO principles.

Daily activities in the elective operating theatre (focusing on hip, knee, shoulder and elbow elective replacement; knee, shoulder, hip and elbow arthroscopy; sports medicine; infections treatment; hip, knee and shoulder revision surgery; ankle and foot surgery), outpatient and ward activities, participation to research activities.

I also spent part of my residency in:

- Hand and microsurgery department (Director: Prof. Bruno Battiston), where I took part in surgical procedures as skin flaps, bone/muscular transfers, nerve repairs and limb reimplants.
- Ortho-paediatrics department (Director: Prof. Antonio Andreacchio), where I learned the basic principles of conservative and surgical management and treatment of fractures paediatrics patients and I participate in operating theatre activities for deformity surgical corrections and oncologic treatments.
- Ortho-oncology department (Director: Dr. Raimondo Piana), where I learned the basic principles of orthopaedics tumors.
- Orthopaedic Spine Surgery (Director: Dr. Stefano Aleotti), where I learned the basic principles of spine stabilization and elective surgical management of spine pathologies.

December 2016 - Present

**Orthopaedics and Trauma teaching staff member**

International college of osteopathic medicine (ICOM)

Via Nizza 262/59 (Lingotto Center), Turin (Italy)

February – March 2019

**Upper Limb Fellowship**

Royal London Hospital (Barts Health)

Whitechapel Rd, Whitechapel, London E1 1BB, United Kingdom

Orthopaedics and Traumatology department – Prof. Livio Dimascio

Daily activities in elective and emergency theatre for management and treatment of basic to high complexity pathologies of upper limb

May – November 2019

### Upper Limb Fellowship

Manises Hospital

Av. de la Generalitat Valenciana, 50, 46940 Manises, Valencia, Spain

Orthopaedics and Traumatology department – Dr. Pablo Canete San Pastor

Daily activities in elective and emergency theatre, particularly focusing on arthroscopic management of upper limb pathologies

## EDUCATION AND TRAINING

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October 2015 - Present

### Orthopaedics and Traumatology Residency program

University of Turin, Turin (Italy)

Via G. Verdi 8, Turin (Italy)

February 2015

### Registration from the General Medical Council (OMCEO) of Turin (Italy)

Corso Francia 8, Turin (Italy)

Membership number: 23401

2008 - 2014

### Master's degree in Medicine and Surgery – Thesis Title: "A health economic analysis of management, treatment and rehabilitation costs of a patient with a pelvic ring fracture."

110/110, summa cum laude and thesis obtained the right to be published

School of Medicine – University of Turin (Italy)

March 2014 – June 2014

### Erasmus traineeship program – Orthopaedics and Trauma department

Royal London Hospital – Mr Livio Di Mascio

Whitechapel Rd, Whitechapel, London E1 1BB, UK

Queen Mary University, London, UK

2012 – 2013

### Erasmus study program

University of Valencia (Spain) - Faculty of Medicine and surgery

Av. De Blasco Ibanez 13, Valencia (Spain)

2008

### High school diploma

Liceo Scientifico "E. Majorana".

Via Frattini 11, Turin (Italy)

2006 **Leonardo Da Vinci program; Europass certificate obtained**  
 North West Academy  
 37 Great James St, Londonderry (UK)

**PERSONAL SKILLS**

Mother tongue(s)

Italian

Other language(s)

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	C1	C1	C1	B2	B2
2006 Preliminary english test (PET - University of Cambridge); pass with merit – Level B1					
Spanish	C2	C1	C2	C1	C1
2013 DELE (“Instituto Cervantes de Albuquerque”) Spanish language certificate - Level C1					
French	A1	A2	A2	A2	A1

Levels: A1/A2: Basic user - B1/B2: Independent user - C1/C2 Proficient user  
[Common European Framework of Reference for Languages](#)

**Job-related skills**

- Good skills in clinical evaluation and management of hospitalized patients
- Good skills and knowledge in emergency management and first care of polytraumatic patients, standards of external fixation and principles of treatment of displaced and exposed fractures following AO principles
- Good knowledge of basic standards of research activity
- Pretty good knowledge of upper and lower limb elective surgery
- Daily operating theatre activity in elective and trauma surgical procedures as secondary surgeon. I completed about 90 procedures as primary surgeon, among which 35 intramedullary nails (proximal femur, diaphyseal femur and tibia), 10 ORIF of ankle fractures, 13 temporary fixation of lower limb fractures, 5 achilles tendon tenorrhaphy and 4 partial hip replacements.
- Basic knowledge of spine surgery, ortho-oncologic surgery, paediatric surgery and microsurgery
- Basic knowledge of plastic surgery standards
- Good skills in clinical evaluation and management of outpatients
- Intercultural skills: Pretty good skills in speaking and interacting with different language and cultures thanks to the experience abroad that I did during my student career

**Other skills**

- Competent with most Windows Office programs
- Tennis and ski instructor
- Enjoy all sports, particularly tennis, volleyball, surf and sailing
- Amateur photographer
- Love to travel

Driving licence

A, B

**PUBLICATIONS**

## Publications

- Proximal femur periprosthetic fractures. Aprato A, Tosto F, Comba A, Mellano D, Piccato A, Daghino W, Massè A. World Journal of Orthopedics 2019.
- Sabatini L, Risitano S, Parisi G, Tosto F, Indelli PF, Atzori F, Massè A. Medial Pivot in Total Knee Arthroplasty: Literature review and our first experience. Clinical Medicine Insights: Arthritis and Musculoskeletal Disorders 2018; Volume 11: 1–4.
- Aprato A, Joeris A, Tosto F, Kalampoki V, Rometsch E, Favuto M, Stucchi A, Azi M, Massè A. Are work return and leaves of absence after acetabular fractures predictable? A retrospective study of 108 patients. Musculoskeletal surgery 2017; 101(1), pp. 31.
- Bistolfi A, Ferracini R, Galletta C, Tosto F, Massè A et al. Regeneration of articular cartilage: Scaffold used in orthopedic surgery. A short handbook of available products for regenerative joints surgery. Clin Sci Res Rep 2017; Volume 1(1): 1-7.
- Bistolfi A, Tosto F, Lagalla F, Sabatini L, Graziano E, Novarese E, Massè A. Protesi totali di ginocchio vincolate. Lo scalpello, July 2017, Volume 31 (2), pp. 168–172.
- Aprato A, Joeris A, Tosto F, Kalampoki V, Stucchi A, Massè A, et al. Direct and indirect costs of surgically treated pelvic fractures. Arch Orthop Trauma Surg 2016; 136:325-30.
- Aprato A, Ghia A, Tosto F, Sabatini L, Bistolfi A, Massè A. How much does saving femoral head cost after acetabular fracture in terms of clinical outcomes, quality of life and economic resources? Acta Orthop Belg, 2016; 6: 2-3.
- Aprato A, Joeris A, Tosto F, Kalampoki V, Rometsch E, Favuto M, Stucchi A, Azi M, Massè A. Are work return and leaves of absence predictable after an unstable pelvic ring injury? J Orthop Traumatol, 2016; 17. pp. 169-173.

## Posters

- Tosto F, Galletta C, Nardi M, Bistolfi A, Mellano D. Differenti pattern di rottura delle componenti ceramiche: due case report e analisi microstrutturale. 48° Congresso nazionale O.T.O.D.I. Fratture su “device” ortopedici dell’arto superiore ed inferiore. Strategie e scelte terapeutiche. Loano (SV), 18-19 Maggio 2017.

 CONFERENCES AND COURSES
 

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- “7° AEA (Spanish association of arthroscopy) – SEROD (Spanish association of the knee) Congress. Santander (Spain), 22-24 May 2019.
- Arthroscopy: State of art. Torino (To – Italy), 6 December 2018.
- Treatment of young adult patients. Torino (To – Italy), 23 November 2018.
- Arthroscopy national league – Partecipazione to national qualifications. Bari (Ba – Italy), 26-27 October 2018.
- Shoulder instability course – Relive radiology and relive surgery. Turin (TO – Italy), 27 September 2018.
- SECEC – ESSSE International Congress 2018 (European society for surgery of the shoulder and the elbow). Gevene (Switzerland), 19-22 September 2018.
- New technologies in total hip arthroplasty: from primary replacement to surgical revision. Turin (TO – Italy), 22 June 2018.
- “19° European Congress of Trauma & Emergency surgery”. Valencia (Spain), 6-8 May 2018.
- “21° theoretical and practical course of reconstructive microsurgery”. Turin (TO – Italy), 19-23 February 2018.
- “Fractures and knee arthroplasties. Knee arthroplasty after fracture.” Turin (TO – Italy), 2 February 2018.
- “10° trauma meeting: Fast track of proximal femur fractures in over 65 patients, periprosthetic fractures and surgical approaches”. Riccione (RN - Italy), 4-6 October 2017.
- “48° O.T.O.D.I. national congress: peri-orthopaedic device fractures of upper and lower limb. Strategies and therapeutic choices”. Loano (SV – Italy), 18-19 May 2017.
- “1° advanced course in shoulder total arthroplasty”. Orbassano (TO – Italy), 26-27 January 2017.
- “101° SIOT (Orthopaedics and traumatology Italian society) national congress: trauma network - from minimal lesions to polytraumatic patient; articular surface reconstruction – from biological treatment to replacement: when, why and how”. Turin (TO – Italy), 28-31 October 2016.
- “Sports traumas”. Turin (TO – Italy), 22-23 January 2016.
- “International symposium on peripheral nerve repair and regeneration”. Turin (TO – Italy), 4-5 December 2009.